

# our charity shops

Selling a wide range of quality goods both new and second-hand, there is an EllenorLions Hospices charity shop near you. Drop off your unwanted items and pick up a bargain or three whilst you are there!



**Bexley** 18-20 High Street, Bexley DA5 1AD – 01322 553 996

**Bexleyheath** 169 Broadway, Bexleyheath DA6 7ES – 020 8304 4547

**Blackfen** 258a Blackfen Road, Blackfen DA15 8PW – 020 8298 0721

**Crayford** 134 Crayford Road, Crayford DA1 4ES – 01322 529 001

**Dartford** Unit 58 The Priory Centre, Dartford DA1 2HS – 01322 223 442

**Dartford** 82 High Street, Dartford DA1 1DE – 01322 225 076

**Gravesend** 27 King Street, Gravesend DA12 2DU – 01474 327 184

**Gravesend** 26 New Road, Gravesend DA12 0AA – 01474 333 857

**Northfleet** 73 Pelham Road South, Northfleet DA11 8QT – 01474 335 841

**Swanley** 11 High Street, Swanley BR8 8AE – 01322 668 995

**Swanscombe** 44 High Street, Swanscombe DA10 0AB – 01322 381 433

**Welling** 5 Upper Wickham Lane, Welling DA16 3AA – 020 8304 9820

**Darent Valley Hospital** Darent Wood Road, Dartford DA2 8DA – 01322 229 776

To donate good quality furniture  
please call **01322 277 582**

Our heartfelt gratitude to all our supporters  
for their kind help and generous donations

[www.ellenorlions.org](http://www.ellenorlions.org)

EllenorLions Hospices is a registered charity (registered charity number 1121561) and a company limited by guarantee registered in England and Wales (company registration number 6302132). Our registered office is at EllenorLions Hospice, Coldharbour Road, Northfleet, Gravesend, Kent DA11 7HQ.



## autumn update 2010

Welcome to EllenorLions Hospices Autumn Update. In this issue we look at the many ways you can support us and help your local hospice.

Our care, provided completely free of charge to over 2,500 children and adults each year, takes place in an environment to suit the patient. This may be our 15-bed hospice or in the patient's own home through our dedicated hospice at home team.

We also have a team of nurses in Darent Valley Hospital providing care and support to our patients and professional staff. For teenagers we provide a pioneering transition support service which ensures that young people have their needs acknowledged and that the appropriate care and support is available for them and their families. We also provide day care and various complementary therapies.

This all encompassing palliative care will cost £4,800,000 this year to provide. We must raise the bulk of this from our fundraising activities. These activities are as diverse as our care and include events put on by our supporters.

## EllenorLions Hospices – What can you do to help?



Alan Nugent has been a patient with EllenorLions Hospices since February 2010. He was diagnosed with Pseudomyxoma Peritonei (PP), a rare form of cancer affecting the abdomen. Alan, 42 and from Dartford, says that the staff at the hospice have "made my life worth living". He wanted to give something back to support our care and set himself a target of raising £10,000.

*"I just do what I can and live from day to day"*

*says Alan who has now smashed his target and is raising more.*

*"To date I have raised over £15,000. If I can do it, anyone can do it".*



We've just launched a new DVD to help raise awareness of our vital work. To request your free copy please call Fundraising on **01322 221 315** or email [info@ellenorlions.org](mailto:info@ellenorlions.org)

Alternatively you can view the DVD online via our website

[www.ellenorlions.org](http://www.ellenorlions.org)

### Our new address:

Fundraising Department, EllenorLions Hospices, EllenorLions Centre,  
St Ronans View, East Hill Drive, Dartford, Kent DA1 1AE. Tel: 01322 221 315.

# fundraise for free!!!

## an opportunity too good to miss

**As you already know you can support EllenorLions Hospices by making a donation or attending an event but did you know you can FUNDRAISE FOR FREE! Below are five easy ways in which you can raise much needed funds for EllenorLions Hospices, your local hospice, all at no extra cost to you. Spread the word to friends, family and colleagues.**

### easyfundraising.org.uk

We've teamed up with easyfundraising.org to bring you the biggest and best retailers on the internet. Each time you buy from them we get a donation and it won't cost you a penny! All you need to do is sign up to [www.easyfundraising.org.uk/ellenorlionshospices](http://www.easyfundraising.org.uk/ellenorlionshospices) and then next time you shop on the internet remember to buy through easyfundraising! It really is that simple.

What's more you can even give a donation to EllenorLions Hospices for free by simply enquiring about a service or sampling a new product. Log on today to easyfundraising and click "Free Funds".

### Gift Aid – the free gift!

If you've made a donation to EllenorLions Hospices maybe it qualifies for gift aid. This is simple and easy to do and allows us to get an extra 28.2% on top of your donation from the government, all at no extra cost to you! All you need to do is complete a gift aid form, available from our website, and return to us.

Do you complete a Self-Assessment form? If so did you know that you can donate any rebate to EllenorLions Hospices? Simply enter our charity code FAT79B in box 5 on page two of your self-assessment form. You can even gift aid this payment!

For more information on gift aid and tax efficient giving call Alan Basham in Fundraising on 01322 221 315 or email [alan.basham@ellenorlions.org](mailto:alan.basham@ellenorlions.org)

### Mobile Phones & Printer Cartridge recycling

Did you know that there are over 90 million unwanted mobile phones in the UK and that we throw out over 30 million printer ink cartridges each year? Well throw no longer! EllenorLions Hospices now takes these off your hands and converts them to cash.

Simply drop off your unwanted phones and old ink cartridges in any of our shops or at EllenorLions Hospice in Northfleet or EllenorLions Centre in Dartford.

Could you get your employer involved too? For more information call Fundraising on 01322 221 315.

### Donate to our shops

Are you having a clear-out? Do you have unwanted clothes, DVDs, CDs, books, toys and household items that you'd like to donate? Our shops are always happy to receive any such items, just drop them in and whilst you are there you may like to pick up a bargain or three! All money raised from our shops helps us provide world-leading hospice care for our patients.

If you have good quality furniture that you would like to donate, we can collect it for free. Please call our Furniture Donations Line on 01322 277 582.

See the back page for a list of our shops, there is one local to you!

### Switching your utilities?

With Autumn approaching and the nights drawing in you may find yourself turning up the heating and switching the lights on earlier. Well perhaps now is the time to look at switching utility providers – you could save money and again easyfundraising can provide donations to EllenorLions Hospices. Just log onto [easyfundraising.org](http://easyfundraising.org) and click "Utilities".

**Fundraising for Free,  
it costs you nothing but is  
priceless to our patients.**

# upcoming events

### Special 25th Anniversary Quiz Night – Monday 18th October start 7.30pm

Celebrate our Silver Jubilee of providing hospice care to children and adults in North West Kent with this special quiz night at The Six Bells Inn. Questions are based on events from 1985 so dust off those thinking caps and join us for a fun evening. Entry is £5 a head and includes food; drinks available to purchase from the bar. The Six Bells is located at Old Perry Street, Northfleet, Kent DA11 8BT. To book a place please call Pete Tarrant on 01322 221 315 or email [peter.tarrant@ellenorlions.org](mailto:peter.tarrant@ellenorlions.org)

### Elvis Live at Green Spice Restaurant! – Thursday 21st October 7pm for 7.30pm

Top Elvis impersonator Scott Elvis sings the King's greatest hits in this evening of musical entertainment. Held at the award winning Green Spice Restaurant, tickets are £25 per person with dinner included. Doors open 7pm, dinner starts at 7.30pm. Green Spice is on Green Street Green Road, Darenth, Dartford, Kent DA2 8DP. For tickets please call the restaurant on 01474 708 885 or 01474 708 428.

### Craft Fair and Lunch – Wednesday 27th October 10.30am – 2pm

Enjoy a 3 course lunch and all your favourite stalls – bring & buy, gifts, crafts, cards and cakes. Entry is £5 and includes lunch. Held at St Johns Church, Vestry Hall, Hermitage Road, Higham, ME3 7DB.

### Medway Concert Band – Saturday 30th October 7pm start

An enjoyable evening of music from the renowned Medway Concert Band held at St Georges Church, Church Street, Gravesend, DA11 0DJ. For tickets please contact Community Fundraising on 01322 221 315.

### Art Exhibition and Sales – Saturday 6th November 11am – 9pm

Award winning wildlife and nature artist Ian Kent will be holding this very special one day only exhibition of his paintings & prints for EllenorLions Hospices. Full of great Christmas gift ideas, original paintings, limited edition prints, wooden jigsaws and t-shirts. Refreshments and parking available. **Free entry!** Event held at Crockenhill Village Hall, Stones Cross Road, Crockenhill, Kent BR8 8LT.

### Grand Firework Display – Saturday 6th November gates open 5.30pm

A beautiful display for all the family held in Central Park, Dartford. The giant bonfire will be lit at 7pm with the fireworks let off at 7.45pm. Tickets and more information available in town and from Dartford Lions Club on 0845 833 5871.

### Craft Fair and Lunch – Wednesday 17th November 11am – 2pm

Enjoy a 3 course lunch and all your favourite stalls – bring & buy, gifts, crafts, cards and cakes. Entry is £5 and includes lunch. Held at Mount Zion Baptist Church, Meopham Green, Wrotham Road, DA13 0QA.

### Sunday Boot Fairs – 3rd October; 7th November; 5th December

Held at Lord Street car park, Gravesend between 6am and 12.30pm. For information call Gravesend Lions Club on 0845 833 5762.



### Stop press! Our coffee mornings are moving!

Whilst building improvements are carried out at the hospice our regular Friday coffee mornings will be held at St Mary's Church, Wrotham Road, Gravesend DA11 7LL from 11am to 1pm. The dates affected are 29th October, 26th November, 10th December, 25th February 2011 and 25th March 2011. We hope to see you there.

**For full details of our Lights of Love events please see the separate leaflet.**

## collection boxes

Thank you to all who have supported us with a collection box. Over £27,000 was raised last year but we need to grow this figure – can you help?

Pick up a box for your shop, office or home from any of our sites or shops.

Or maybe you could help us collect the money – we are also looking for volunteers to distribute and collect. Call our Community Fundraiser Linda Wood on 01322 221 315 or email [linda.wood@ellenorlions.org](mailto:linda.wood@ellenorlions.org)

**Over £5,000 was raised through Bucket Collections – can you or your group hold one for us? Call the Fundraising team on 01322 221 315**



## regular giving

Sometimes the simplest gift is the best and with our Regular Giving Scheme you can support EllenorLions Hospices each month with a gift of your choice by simply completing our standing order form. This is all it takes and you can rest assured that your gift is helping us to care for 300 children and adults month in, month out. Download a form from our website or call Fundraising on 01322 221 315.

**Sign up today!**

## legacies - a gift in your will

Our hospice in Northfleet was started with an anonymous legacy and we continue to rely on the generosity of bequests to fund our care. Since EllenorLions Hospices began in 1985 tens of thousands of people have received our care. We can only continue this work with your support.

Leaving a legacy in your will means that you can continue to help others after you have gone. Making a will is the only way you can stipulate in law what happens to your estate. You can choose how much you leave and can specify if you would like your gift restricted to any particular area of our work. Anything you leave in your will to EllenorLions Hospices is free of Inheritance Tax.

If you let us know of your intention to leave a legacy then we can be more certain of our funds in the future, but if you prefer you do not have to tell us.

If you would like to discuss, in the strictest confidence, how you can help EllenorLions Hospices with a legacy in the future please call Director of Fundraising, Steve Hudd on 01322 221 315.

**Leave a lasting gift for others, remember EllenorLions Hospices in your will today.**

### Open Gardens

Our open gardens season in 2010 has raised over £15,000 and we are already planning for 2011. Large or small, manicured or wild it doesn't matter, you can open your garden and raise much-needed funds for our patients. If you would like to open your garden for EllenorLions Hospices please contact the Community Fundraising team on 01322 221 315 or email [emma.middleton@ellenorlions.org](mailto:emma.middleton@ellenorlions.org)



# supporter events

**A significant contribution to our funds comes from our supporters putting on their own events to raise funds for EllenorLions Hospices. Last year over £80,000 was raised in this way. This year we hope that our growing band of supporters can beat that target. Below are just some of their fantastic achievements. What can you do to help?**

### Brothers' Wall Walk

Daniel and James Ferguson supported EllenorLions Hospices with a **Sponsored Hadrian's Wall Walk**. Twins Daniel (left) and James, 31, lost both parents to cancer within the space of two years. Their father John battled kidney and bone cancer for two years, living long enough to see James marry in California before dying in 2007. Daniel says "You're not prepared for what it does to you. It took mum a year to get herself back together".

Then in 2009 their mother was diagnosed with brain cancer and died in October. EllenorLions Hospices cared for both parents and the brothers decided to support our care with their walk which they completed in just 4 days in June 2010.

Daniel says "My mum made a lot of amazing friends through the hospice and its bereavement club. They are just phenomenal". Joining the brothers were walkers from America and Britain; to date Daniel and James have raised over £7,000. Our heartfelt thanks to all who have supported them in their magnificent endeavour.



**If you'd like to hold an event or want help with ideas and promotion then our Community Fundraiser Pete Tarrant will be delighted to hear from you. Call Pete on 01322 221 315 or email [peter.tarrant@ellenorlions.org](mailto:peter.tarrant@ellenorlions.org)**

### Ron Gollop – With You Always CD

Ron Gollop, given just three months to live in March 2008, has been a patient of EllenorLions Hospices for two years now. When first diagnosed his family decided to celebrate his life and have his wake while he was alive to enjoy it.

Having sung at the party, the idea followed for Ron singing at his own funeral. You may have seen local press coverage of this with the titles "I did it my Wake" and "Dad plans to sing at his own funeral".

Ron has now recorded a CD entitled *With You Always*. Pick up your copy from reception at EllenorLions Hospice, Coldharbour Road, Northfleet DA11 7HQ or email his daughter Tracey at [traceyapateron@googlemail.com](mailto:traceyapateron@googlemail.com)



**Football tournament raises over £1,100!**

In June this year Clifford Briggs held a 5-a-side football tournament in appreciation of all the support and care his mum received from EllenorLions nurses during her battle with breast cancer. Over 70 people took part and the tournament has been such a success that Cliff is planning on making this an annual event. Our congratulations to all the teams for their fantastic support!



If you are raising money for EllenorLions Hospices you can now do this online through Virgin Money Giving, a not-for-profit service. It's quick and easy to create an account and link it to EllenorLions Hospices. You can then collect sponsorship and let your supporters know how you are doing. They even deal with the gift aid payments so all you need do is concentrate on your event. Find out more at [www.virginmoneygiving.com](http://www.virginmoneygiving.com)

